



## HOW TO REGISTER A NEW ACCOUNT OR CHANGE A PASSWORD ON [www.healthpromotion.ie](https://www.healthpromotion.ie)

### To register a new account

1. Follow the URL: <https://www.healthpromotion.ie/>
2. To register a new account click Account on the green bar at the top of the screen and follow the Create account instructions.

HSE Publications and promotional resources

[Login](#)  
[Create account](#)

[Publications](#)

### Health promotion publications

The HSE produce and distribute a wide range of health related resources. Please use the search function below to browse through all resources available. To order or

3. Once you have clicked the Create account link you will be taken to the Sign Up page and asked to enter the following details:

## Sign Up

**First name:**

**Last name:**

**Email:**

**Password:**

**Repeat Password:**

☐ I'm not a robot

reCAPTCHA  
Privacy - Terms

Sign Up

4. Your password must comply with the HSE Password Policy. This is to ensure the overall security of user accounts and protect sensitive information. If your password does not comply with the password policy you will get a prompt on how your password can be improved.
  - Your password can't be too similar to your other personal information.
  - Your password must contain at least 8 characters.
  - Your password can't be a commonly used password.
  - Your password can't be entirely numeric.
  - Your password must contain at least one digit or one special character, one lowercase letter, and one uppercase letter.

Once a suitable password has been selected the Sign Up button at the bottom of the page will highlight.

5. Using the email address you entered on the Sign Up, [healthpromotion.ie](http://healthpromotion.ie) will now send you a verification email. You will need to click the link in this email to confirm your account. If you do not get this email within 5 minutes check your Junk or Spam folder.

### **To change a password**

6. At this point if you already have an account you will be prompted to complete the "Forgot your password" option instead of creating a new account so click the "Log in" link again and choose the Forgot your password link.
7. If you choose a password that does not comply with the password policy you will get an error message similar to the one below:

**Change Password Error**

Please fix the following error(s) and submit again:

- [This password is too short. It must contain at least 8 characters.](#)
- [This password is too common.](#)
- [The password must contain at least one special character.](#)

8. Once the error has been fixed your password will be accepted and the Sign Up/In button will be highlighted so you can proceed to place your order.

**If you have any difficulties with this process, your password or registration please e-mail the Health Information Team on [healthinfo@hse.ie](mailto:healthinfo@hse.ie).**

**If you have a query about an order already placed please e-mail [queries@healthpromoton.ie](mailto:queries@healthpromoton.ie)**